City of Bethel Proclamation

Proclaiming the Month of November 2016 as "Diabetes Awareness Month"

WHEREAS, nearly 30 million people in the United States and over 40,000 Alaskans have diabetes with potentially life threatening complications such as heart disease, stroke, blindness, kidney disease, and amputations; and

WHEREAS, in the last 5 years, there has been a 79% increase in high risk factors for the development of diabetes or pre-diabetes in the YK Delta Region; and

WHEREAS, currently, 5% of the Bethel population has diabetes or pre-diabetes; and

WHEREAS, an additional 86 million people in the United States are at risk for developing type 2 diabetes and type 2 diabetes has become increasingly prevalent among young people, largely due to increasing obesity; and

WHEREAS, during the National Diabetes Month, we recognize the impact of diabetes has on people's lives; and

WHEREAS, according to national data individuals who are in a high risk category for developing type 2 diabetes are people who do not participate in regular physical activities; and

WHEREAS, during the American Diabetes Month, the American Diabetes Association, the Alaska Department of Health and Social Services and many healthcare providers such as YKHC encourage Bethel residents to join all of us in making healthy choices and eating well throughout this month;

NOW, THEREFORE, I, Richard Robb, Mayor of the City of Bethel, do hereby proclaim the month of November 2016 as "Diabetes Awareness Month" in Bethel and encourage all Bethel residents to make healthy life choices and make a personal commitment to eat healthy and exercise.

IN OFFICIAL RECOGNITION WHEREOF, I hereby affix my signature on this 25th day of October 2016.

Richard Robb, Mayor

Attest: Lori Strickler, City Clerk