

City of Bethel Action Memorandum

Action memorandum No.	17-16		
Date action introduced:	2/14/2017	Introduced by:	Parks/Rec/Fitness Center Committee
Date action taken:	2/14/2017	Approved	<input checked="" type="checkbox"/> Denied
Confirmed by:	<i>Paul Strakker</i>		

Approve the modified operational hours for the YK Fitness Center to close on Friday and be open on Monday.

Route to:	Department/Individual:	Initials:	Remarks:

Attachment(s): Expired Operations Plan for the YK Facility.

Amount of fiscal impact:	Account information:
<input checked="" type="checkbox"/> No fiscal impact	

The YK Fitness Center Operations Plan by Health Fitness has already been submitted to the City for City Council approval. The days of operation and closure are part of that plan. However, with the time needed to consider and approve the entire Operation Plan being extensive, the Parks/Recreation/Aquatic/Health and Safety Committee requests City Council at this time consider only the hours of operations. If the proposed change is approved, it would ensure advertising for the Spring sessions be done in a timely manner.

Health Fitness has conducted a poll asking members of the community and members of the facility their preferred closing day, either Monday or Friday. There was more support for the change to be opened Monday and closed Friday.

This change would allow for more programming opportunities and revenue. The peak hours for programs are T-Th evenings. Being open on Monday allows an additional day for programs. Often there are other activities going on in Bethel Friday evenings, competing for this time slot, especially when school sports are in session, and on weekends in the summer.

There are a number of Federal and State holidays that fall on Monday, which could lead to more people using the facility when work or school is closed. Others say the beginning of the week is when they are most likely to want to start the week exercising and have Friday as a relaxing, non-work out day. The Committee supports this change with re-evaluation next year.